



## December 2008 YPIowa Newsletter

**The official e-newsletter of the Young Professionals of Iowa.** Our mission is simple "To help young professionals in Iowa take responsibility for the growth of their communities to ensure the long term advancement of the State of Iowa." Please visit [www.ypiowa.com](http://www.ypiowa.com) for the latest YP news and events throughout Iowa.

Please forward this information to anyone that might be interested. [You maybe subscribe to future issues by clicking here.](#) If you would like to unsubscribe, please reply to this message.

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## Generation Iowa Commission Releases 2008 Status Report in Five Locations Tomorrow

You are invited to join the Generation Iowa Commission in Des Moines, Davenport, Sioux City, Coralville and Waterloo tomorrow, December 3rd. Commissioners will discuss the 2008 Status Report detailing progress made by the Commission and recommendations for the Iowa State Legislature to recruit and retain young people in Iowa.



On April 5, 2007, Governor Culver signed HF 617, better known as the "Generation Iowa" bill, into law. The commission was established to advise and assist in the retention and attraction of young adults to Iowa.  
Generation Iowa Status Report Release

### Davenport, IA

WHO: Generation Iowa Commissioner Emilia Martin and Ex-Officio Member State Rep. Elesha Gaymen  
WHERE: New Ventures Lobby at Davenport One 130 W. 2nd Street Davenport , IA 52801  
WHEN: 2:00 PM

### Sioux City, IA

WHO: Generation Iowa Commissioners Ragen Cote and Chair Rachel Judisch

WHERE: Meet Virginia 306 Virginia Street, Ste C Sioux City, IA 51101

WHEN: 1:30 PM

### **Des Moines, IA**

WHO: Generation Iowa Commissioners Kyle Carlson and Isaiah McGee

WHERE: Subjective Theater Company 1408 Locust St Des Moines, IA

WHEN: 2:00 PM

### **Waterloo, IA**

WHO: Generation Iowa Commissioner Karris Golden, Congressman Bruce Braley and State Senator Jeff Danielson

WHERE: Medical Staff Classroom in Gerard Hall of Allen College of Nursing 1990 Heath Street Waterloo, Iowa 50703

WHEN: 1:00 PM

### **Coralville, IA**

WHO: Generation Iowa Commissioner Mitch Gross and State Rep. Tyler Olson

WHERE: Coralville City Hall 1512 7th St Coralville, IA

WHEN: 1:30 PM

If you have any questions, please email Erin at [erin.seidler@iowalifechanging.com](mailto:erin.seidler@iowalifechanging.com).

## **YP Challenge**

### **Live Healthy Iowa**

YPIowa has created a Live Healthy Iowa YP Challenge. Live Healthy Iowa (formerly known as Lighten up Iowa) is a 100 day challenge made up of teams of 2-10 people and is based on the points you accumulate for nutrition, activity, and weight loss.

Teams from young professionals' organizations will compete across Iowa for a travelling trophy and other awards (to be announced on December 19). More than one team is encouraged from each YP organization. The cost to participate is only \$18 with a \$8 coupon from Hy-Vee, a t-shirt, magazine subscription and other healthy resources.



Team sign up will begin on December 19, 2008 and the competition will begin January 16th.

If you want to learn more about Live Healthy Iowa visit [www.livehealthyiowa.org](http://www.livehealthyiowa.org). If you are interested in forming a team or have additional questions, please send an email to [info@ypiowa.com](mailto:info@ypiowa.com).

## **YP Day at the Capitol**

### **Save the Date - February 23, 2009**

Join other young professionals from around the state to learn about the issues facing Iowa and speak with legislators.

More information will be available in January.



## YPlowa Board Members Attend National Summit

"Young professionals are as important to the community as bandwidth is to the internet." That was the message at the annual Young Professionals Summit, held in Cocoa Beach, Florida. YPlowa Board members Kori Heuss and Lynn Olberding attended to bring back ideas and information. In addition, Lynn represented YPlowa as a speaker. YPlowa is the second state-wide organization to form for young professionals (Florida was first). Some of the best ideas taken away from the conference are listed in this article.

### How about "speed dating" for political candidates?

In Duluth, the YP group set up a candidate forum, boxing match style. *In the left corner is John T. Councilperson*

*who stands for responsible development and accessible government* is heard announced as the entrance music of his choice sounds. After each candidate is introduced and sitting at their table, the bell sounds and young professionals are free to sit in for 10 minute conversations with the candidate. As the bell sounds again, people switch tables, thus meeting all candidates by the end of the night. A mixer was held at the end.

**Do you feel that YPs in your community don't take advantage of all the amenities?** The Brevard County YP held a cultural scavenger hunt where questions led teams to specific venues in the area. Prizes were given out for the winners and discounts were offered at many locations. A common meeting place brought everyone back together at the end – people who had purchased a small item in one of the locations received bonus points.

**Additional social events that were shared included:** Blues on a downtown rooftop; 20's party featuring all businesses that have been in town since the 20s; Hollywood theme; Wedding Reception with "actors" playing characters such as the wedding party or the obnoxious Uncle; Prom: Game night and a poker tournament where the cash won goes to the non-profit organization of the winner's choice.

One of the most unique was a Young and the Artless party at a framing gallery with seven minute presentations such as "How is nude different than naked?" and "Art History in seven minutes".

Young Professionals all over the country are doing amazing things in their communities. Did you know that Iowa is one state that is on the leading edge of this trend? There are more young professional members here for the population than anywhere in the country! As you work on a board or committee to provide these resources for YPs, you are making a difference!

## YPlowa Blogs

[Click here to read blogs from Iowa Young Professionals.](#)



Check out the latest blogs from YPIowa Board members and other YPs in Iowa. RSS Feeds are also now available on the YPIowa Blog site.



## Business Horizons 2009

### Real World Experiences, Life-Changing Results

Do you know a high school student in your community who would like to learn more about the business world and opportunities in Iowa?

**Business Horizons  
July 26 -31, 2009  
Simpson College  
Indianola, Iowa**

Scholarships are available for students at your high school to attend Business Horizons valued at \$750 each. There are a variety of ways that you can assist us with encouraging students to apply:



- [Click here to nominate a student](#)
- Forward this information to any parents of students that might be interested
- Click here to view the [2009 Business Horizons brochure](#)
- Click here to download a copy of the [2009 Business Horizons application](#)
- [Click here to view the students that attended this past summer](#)
- Reply to this message to schedule a time for a representative to visit your school and/or organization to make a presentation about Business Horizons

For more information, please visit [www.businesshorizonsiowa.com](http://www.businesshorizonsiowa.com).

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